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detox diaries: my " crazy, sexy diet" - - I'm hoping "Crazy, Sexy Diet" This sounds like a great detox diet. I usually eat pretty healthy, but I'm a carnivore. I don't want to give up meat,

a day of eats on the crazy sexy diet - pickles & - So interesting to take a look at your meals. I actually find that quite the exact opposite of this eating style is what feels really right for my body.

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